

GO DEEPER

use these questions for further study

Pray the Lord's Prayer together or individually to begin the time (Mtt 6:9-13).

Share with the Group

Have you ever heard people say that "God won't give you more than you can handle"? When, and in what contexts?

What can we affirm about this statement or the sentiment behind it?

Where does this statement fall short or go astray?

Read Psalm 88

How does this testify to the experience of having too much to bear?

Have you ever experienced situations or seasons where you had more than you could handle? What was it like? What/who helped?

Read Deuteronomy 8:1-20

What does this passage tell us about why God may give us, or allow us to have, more than we can handle?

What is God's goal in this process?

Read 2 Corinthians 12:1-10

What does this passage tell us about why God may give us more than we can handle?

What is God's goal in this process?

What is the difference between believing that you can bear something and that God's grace is sufficient for you?

Read the following verses; consider how they inform this larger conversation:

Matthew 11:28-30 1Peter 5:6-7 Philippians 4:10-13

Consider your own life:

Have you experienced God's presence, grace, or power in you own life during times when you had more than you could handle? How?

Where are you feeling burdened and overwhelmed right now? What would it look like for you to embrace weakness and trust His grace?

Close by praying and asking God to exchange your burdens for his grace.

Bonus! Read 1 Corinthians 13:9-12 & Ecclesiastes 6:10-12

It's easy for us to confidently label the things happening to us as bad or good, as beneficial or harmful. But how do these passages invite us to be humble in our assessments? How should this, then, inform our attitude toward God and our evaluation of what he does and doesn't allow us to bear in life?

GO DEEPER

use these questions for further study

Pray the Lord's Prayer together or individually to begin the time (Mtt 6:9-13).

Share with the Group

Have you ever heard people say that "God won't give you more than you can handle"? When, and in what contexts?

What can we affirm about this statement or the sentiment behind it?

Where does this statement fall short or go astray?

Read Psalm 88

How does this testify to the experience of having too much to bear?

Have you ever experienced situations or seasons where you had more than you could handle? What was it like? What/who helped?

Read Deuteronomy 8:1-20

What does this passage tell us about why God may give us, or allow us to have, more than we can handle?

What is God's goal in this process?

Read 2 Corinthians 12:1-10

What does this passage tell us about why God may give us more than we can handle?

What is God's goal in this process?

What is the difference between believing that you can bear something and that God's grace is sufficient for you?

Read the following verses; consider how they inform this larger conversation:

Matthew 11:28-30 1Peter 5:6-7 Philippians 4:10-13

Consider your own life:

Have you experienced God's presence, grace, or power in you own life during times when you had more than you could handle? How?

Where are you feeling burdened and overwhelmed right now? What would it look like for you to embrace weakness and trust His grace?

Close by praying and asking God to exchange your burdens for his grace.

Bonus! Read 1 Corinthians 13:9-12 & Ecclesiastes 6:10-12

It's easy for us to confidently label the things happening to us as bad or good, as beneficial or harmful. But how do these passages invite us to be humble in our assessments? How should this, then, inform our attitude toward God and our evaluation of what he does and doesn't allow us to bear in life?

S E R M O N N O T E S

S E R M O N N O T E S

