

GO DEEPER

use these questions for further study

Pray the Lord's Prayer together or individually to begin the time (Mtt 6:9-13).

Share with the group:

What do you tend to complain about most often?

What are some of the most menial or silly things you complain about?

Read Exodus 16:8

How might your view of complaining, and your behavior, change if you realized that God is ultimately the end recipient?

Read Philippians 2:3-18

What is Paul trying to teach in this passage?

Based on vs 5-11, what could Jesus have grumbled about?

How does Jesus serve as our model for not grumbling?

What's the connection between self-interest and grumbling?

Consider your own life:

Do you tend to find it easier to change your circumstances or to change your perspective? Is there one you default to?

In your experience, which is needed more often in life?

How do you know when you should do which one?

Pastor Adam talked about the importance of lament, how is godly lament different from grumbling and complaining? Why is lament important?

In addition to lament, Pastor Adam talked about Gratitude and Submission. Why are these important? How do all three help us shift perspective?

Read Philippians 1:12-13

Think of a specific struggle you're facing. How can you, like Paul, flip your perspective? Where is God at work? Where is He offering you grace?

Share with the group:

What are some current blessings you can praise God for?

Close by reading Psalm 103:2-5 together as a group prayer.

GO DEEPER

use these questions for further study

Pray the Lord's Prayer together or individually to begin the time (Mtt 6:9-13).

Share with the group:

What do you tend to complain about most often?

What are some of the most menial or silly things you complain about?

Read Exodus 16:8

How might your view of complaining, and your behavior, change if you realized that God is ultimately the end recipient?

Read Philippians 2:3-18

What is Paul trying to teach in this passage?

Based on vs 5-11, what could Jesus have grumbled about?

How does Jesus serve as our model for not grumbling?

What's the connection between self-interest and grumbling?

Consider your own life:

Do you tend to find it easier to change your circumstances or to change your perspective? Is there one you default to?

In your experience, which is needed more often in life?

How do you know when you should do which one?

Pastor Adam talked about the importance of lament, how is godly lament different from grumbling and complaining? Why is lament important?

In addition to lament, Pastor Adam talked about Gratitude and Submission. Why are these important? How do all three help us shift perspective?

Read Philippians 1:12-13

Think of a specific struggle you're facing. How can you, like Paul, flip your perspective? Where is God at work? Where is He offering you grace?

Share with the group:

What are some current blessings you can praise God for?

Close by reading Psalm 103:2-5 together as a group prayer.

S E R M O N N O T E S

S E R M O N N O T E S

